

THE FIRST CHOICE FOR FULL BUILDING ENVELOPE SOLUTIONS THE BEST ENVIRONMENT FOR TALENTED PROFESSIONALS.

**BUILT
TO LAST**

Welcome to FK Group. We understand that to provide the best service and solutions to our clients, we must give the best care to our team. We heavily invest in initiatives that reward hard work and ensure our people have an excellent quality of life, inside and outside the office. Check the healthcare benefits you have as an employee of our team, courtesy of Westfield Health. You pay for the treatment as usual and claim 100% of your costs back, up to your plan limit.

FK

FOR YOUR BODY

Your well-being is important to us which is why we have a range of benefits and perks for you to enjoy. Did you know that all FK employees are eligible for our private healthcare plan, courtesy of Westfield Health? Cover includes money back on a range of procedures including:

MONEY BACK	ANNUAL AMOUNT
OPTICAL	£145
CONSULTATION	£220
THERAPY Physio, Chiro, Acupuncture, Osteopathy & Homeopathy	£450
DENTAL	£115
DENTAL TRAUMA	£230
CHIROPODY	£75
ALTERNATIVE Acupressure, Allergy & Food Intolerance Testing, Aromatherapy, Hypnotherapy, Indian Head Massage, Nutritional Therapy, Relexology, Reiki & Sports Massage.	£75



As part of our health and well-being package, you can access appointments with the best medical doctors, CBT counselling, Westfield rewards and a 24-hour counselling and advice line.



Cycling is proven to enhance health and happiness, we also have a budget to help you buy Evans Cycles, enabling tax-free monthly payments on a new bike or kit (even electric bikes). If you're local to the office, take advantage of this reliable and cost-effective mode of transport.

FOR YOUR MIND

To offer our employees complete peace of mind, our healthcare plan includes 'Best Doctors' - a service specialising in giving second opinions for medical problems. The whole process is 100% confidential and Best Doctors can also help you decide on the right treatment.

Additionally, our healthcare plan includes a 24-hr Advice & Information Line to support you with any medical concerns such as stress, anxiety, bereavement and depression.

Here at FK, we have a number of mental health ambassadors should you wish to speak to someone if you are struggling with your mental health. Please contact any of:

I CRAIG CLEGG

I STEVE GODLEY

I CONOR DIVILLY

I CAROLYN COY

I FRAN REYES

If you're interested in becoming a mental health ambassador, we're always looking for volunteers to join our Mental Health First Aid course (MHFA).

FOR YOUR POCKET

FK Group believes every penny counts, which is why we have exciting news to share. Our healthcare plan entitles you to hundreds of discounts and rewards from several leading retailers, restaurants and destinations. Whether you're looking to treat yourself to a fancy dinner or just want to buy spending less, take advantage of Westfield Rewards.

We also run an auto-enrolment scheme with Royal London in conjunction with Pareto Independent Financial Advisors, who are on hand to offer you advice on all aspects of your current and future goals. This includes retirement planning, investment advice, school/university planning, life assurance, income protection and more.